

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL					
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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Respon	ises)										
Parker Lance A Stat		Statemen	1 0		3. Issuer Name and Ticker or Trading Symbol Main Street Capital CORP [MAIN]						
1300 POST OAK	(First) A BLVD 8TH	(Middle) FLOOR					4. Relationship of Issuer			5. If Amendment, Date Original Filed(Month/Day/Year)	
HOUSTON, TX	(Street) 77056-3077						Director X Officer (give tit below)	all applicable) === 10% Owner Other (spe below) Accounting Office	Applicable _X_Form	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person	
(City)	(State)	(Zip)				Table I	- Non-Derivative Securities Beneficially Owned				
1.Title of Security (Instr. 4)			2. Amount of Sec Beneficially Own (Instr. 4)			ally Ow	ned	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)		
Common Stock 7,			7,567.018		D						
Reminder: Report on	Persons unless th	who respond e form displa	to the c	ollection rently val	of info	ormatio	on contained in t		·		
1. Title of Derivative (Instr. 4)	Security	and	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and A Securities Un Security (Instr. 4)		Amount of inderlying Derivativ	Price of Derivative	Form of Operivative Security: Direct	6. Nature of Indirect Beneficial Ownership (Instr. 5)	
		Dat Exc	te ercisable	Expiration Date	Title	Amour	nt or Number of	Security	(D) or Indirect (I) (Instr. 5)		
D 4	0										

Reporting Owners

	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
Parker Lance A 1300 POST OAK BLVD 8TH FLOOR HOUSTON, TX 77056-3077			VP, Chief Accounting Officer		

Signatures

,	/s/ Jason B. Beauvais as Attorney-in-Fact for Lance A. Parker	03/04/2020
	Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Power of Attorney

- I, Lance Parker, an officer of Main Street Capital Corporation (the "Company"), hereby authorize and designate each of Vincent D. Foster, Jason B. Beauvais, and Randall Holcombe as my agent and attorney-in-fact, with full power of substitution, to:
- (1) prepare and sign on my behalf any Form 3, Form 4 or Form 5 under Section 16 of the Securities Exchange Act of 1934, and file the same with the Securities and Exchange Commission and each stock exchange on which the Company's securities are listed;
- (2) do and perform any and all acts for and on my behalf which may be necessary or desirable to complete and execute any such Form 3, Form 4, or Form 5, under Section 16 of the Securities Exchange Act of 1934 and timely file such form with the Securities and Exchange Commission and any stock exchange or similar authority; and
- (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to me, in my best interest, or legally required by me, it being understood that the documents executed by such attorney-in-fact on my behalf pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.
- I hereby grant to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as I might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this Power of Attorney and the rights and powers herein granted. I acknowledge that the foregoing attorneys-in-fact, in serving in such capacity at my request, are not assuming, nor is the Company assuming, any of my responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in effect until I am no longer required to file Forms 3, 4 and 5 with respect to my holdings of and transactions in securities issued by the Company, unless earlier revoked by me in a signed writing delivered to the foregoing attorneys-in-fact.

Dated:		Signed:	
	Lance	Parker	
	Print.	Name	